		Descriptions	Present	Absent
			+	-
1.	Symptoms related to			
	eating, appearance,			
	weight			
	Behavioral, Cognitive,			
	Emotional, Physical,			
	Interactional			
2.	Distressing memories			
	interfering with daily life			
	and inducing stress			
2.	Triggers in the present for			
	these memories			
4.	(Lack of) Skills			
	-social			
	-affect regulation			
5.	(In-) Adequate			
	functioning in:			
	-family			
	-school/work			
	-peers			
6.	Aspiration level			
	Too high/ adequate/ too			
	low			
7.	Mood problems			

Appendix 3. Worksheet for case conceptualisation of eating disorder (ed)

1 Beer, R. & Hornsveld, H. (Manuscript in preparation). EMDR in the Treatment of Eating Disorders. In M. Luber (Ed.), *Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols and Summary Sheets: Treating Medical-Related Issues*. New York: Springer.

8	Comorbity		
9	Details of		
	-Developmental history		
	(evt. traumatic		
	experiences)		
	-Psychological diagnostic		
	research		
	(neuropsychological		
	vulnerabilities)		
10	Diagnosis		
	DSM-5 or ICD 10		
11	Supposed function of ed		
12	Treatment plan (goals,		
	intervention, sequence)		