



ISURA 2015  
12<sup>th</sup> International Symposium of Ultrasound  
for Regional Anesthesia and Pain Medicine



## Optional peri-operative workshop

Day 1 – Wednesday September 30<sup>th</sup> 2015

### **Gastric Ultrasound Workshop** **08:00 – 10:00**

### **Gastric Ultrasound Workshop** **13:00 – 15:00**

**Chairman:**

Peter Van de Putte

**Associate Faculty:**

Richelle Kruisselbrink, Kris Abbas

**Objectives:**

This is a 2 hour hands-on ultrasound workshop offered to physicians who wish to learn point-of-care ultrasonography of the stomach to perform perioperative assessment of aspiration risk. The workshop includes a 1 hour lecture with live model scanning and ample time for questions and answers. This is followed by a 1 hour hands-on scanning practice session on live models.

**Objectives:**

At the end of this introductory course, participants should be able to:

- Perform a bedside gastric ultrasound examination.
- Identify the common sonographic appearance of a stomach that is empty, contains clear fluid, thick fluid or solid contents.
- Estimate total gastric volume, based on the antral cross-sectional area.
- Interpret the findings of this examination and discuss how different findings would affect patient care.
- Name 2-3 common clinical scenarios in which point-of-care gastric ultrasound could help guide anesthetic management.