

The Furious Bull

Presenting problem – 7 year old boy. Who was brought to therapy after he started developing stomach aches and somatic complaints accompanied by severe separation anxiety, every day, before going to school. During recess he clings to the teacher and avoids any contact with the kids. Whenever a child approaches him, he freezes.

Background: Because mother suffered from post-natal depression after his birth, He was raised during the first year of life by his grandmother. He has a younger sister diagnosed with PDD. Whenever she has tantrums or becomes deregulated, he freezes and withdraws. Parents described him as developing normally, but having been a "difficult baby" difficult to calm him down".

Other Symptoms: Sleep problems. Over eating. At home, he has frequent temper tantrums, must have someone sitting beside him until he falls asleep. Parents describe him: "He is never satisfied".

Mother has found him hitting his sister with no apparent reason, shouting at her "You deserve it you deserve it" Mother described him as seeming to be in a "trance" state. He could not explain what had happened. It is difficult for him to talk directly about his fears and about his anger tantrums. Spends a great deal of his time in "daydreaming", avoids contact with others.

Resources: This is a bright, verbal boy, who enjoys sharing his phantasies, which are rich, filled with battles between imaginary galaxies. His speech is associative, and although he usually tends to avoid people, he is excited by his phantasies. He loves reading and enjoys video games. He has a great sense of humor. .