

Outlines the steps involved in an initial dyadic focus:

A dyadic treatment plan must constantly question whether the child is emotionally ready to process traumatic material. Is there a "neuro perception" of safety in the attachment relationship? How much time should be spent in the preparation phase of the protocol to insure that safety?

General steps for EMDR (Leeds, 2001).	General steps for Dyadic playful EMDR (Bar-Sadeh.E.,Wizansky,B., 2015)	
Gather history and establish a therapeutic alliance (building a safe context.	The gathering of information focuses, not only on objective trauma history, but on imbalances\gaps, between parent's perspective and child's perspective. Therapist actively contains & regulates any parent anxiety about the attachment relationship.	1
Identify skills and resources (or lack of them)	Assess the attachment relationship with attention to connection between quality of parenting and child`s skills and resources (or lack of them).	2
Identify current problem or symptoms and their triggers.	Identify current relationship problems and the way they function as triggers, as well as other problem and symptoms and their triggers.	3
Identify the earliest memory connected with the current situation.	Identify the present& earliest relationship issues and consider how they relate to past early memories as well as other current problems, symptoms and their triggers. We must often rely on parents memory and aid them in constructing a coherent narrative of the child`s history	4
We assume that the dysfunctional stored information is feeding the	We assume that the dysfunctional	5

current problem	current relationship is feeding the current problem as well as triggering past dysfunctional stored information	
Once the touchstone and other past dysfunctional memories are reprocessed, move to present and future events.	Once reparative playful experiences are brought into the present relationship, dysfunctional past memory can be reprocessed ,	6